

Some Useful Links

SIP Help desk

Ph : 07 3488 0680

If we can not help we can put you in contact with someone who can

Redland Community Centre

Community relief

Ph 07 3245 2117

My Age Care

Ph 1800 200 422

Centrelink

Older Australians

Ph [132 300](tel:132300)

Elder Abuse Helpline

Ph 1300 651 192

The 50th
Anniversary

The Founding of **RDCOTA**
Redland District
Committee on the Ageing Inc.

RDCOTA Seniors Information Plus

**Office hours:
9:30 am to 2:30pm
Monday - Friday**

**Redland District Committee
on the Ageing Inc**
P.O. Box 1051, Cleveland, Qld. 4163

**Street Address:
57 Wynyard Street,
CLEVELAND Qld. 4163.**

Phone: (07) 3488 0680
Email: seniors@rdcota.org.au
Website: www.rdcota.org.au

The 50th
Anniversary
The Founding of **RDCOTA**
Redland District
Committee on the Ageing Inc.

RDCOTA Seniors Information Plus



**Having difficulty finding
information about
Seniors issues in the
Redlands ?**

**Contact RDCOTA
Ph: (07) 3488 0680**

Seniors Information Plus

Information about services available for seniors can sometimes be difficult to access. Do you have a question about aged care, government concessions, transport facilities in the Redlands, local services or social activities for seniors etc?

Our volunteers will seek out answers to your questions. We can also assist with internet research, filling out forms, or referrals to government or other services. This **free service** is available by phone, internet, or face to face

Phone 07 3488 0680 to talk to us or drop in for a face to face chat in our office weekdays in Cleveland or Tuesday morning on Macleay Island

RDCOTA Seniors Information Plus volunteers can assist you with information or connecting to a wide range of services

Here are some topics (but not all) that we have helped people with in the past. Let us help you.

- **Agedcare facilities**
- **Computers**
- **Concessions**
- **Do not call register?**
- **Elder Abuse**
- **Emergencies**
- **Emergency Alert Services**
- **Enduring Power of Attorney**
- **Financial Counselling Service**
- **Funerals**
- **Health**
- **In-home services**
- **Legal issues**
- **Local Government services**
- **My Aged Care**
- **Ombudsman services**
- **Palliative Care Services**
- **Respite services**
- **Resources for grandparents**
- **Safety in the home**
- **Seniors Card**
- **Senior Citizens' Centers**
- **State Government Services**
- **Translating and Interpreting Services**
- **Transport**